

Rainbow rice is a fun and colorful sensory material that can be used for a variety of activities, from sensory play to arts and crafts. Here are the steps for making rainbow rice:

- 1. Gather your materials. To make rainbow rice, you will need white rice, food coloring, and rubbing alcohol or vinegar. You will also need a large zip-top bag and a baking sheet or tray for drying the rice.**
- 2. Divide the rice into separate zip-top bags. The number of bags you need will depend on how many colors of rice you want to make. A good starting point is to make six colors: red, orange, yellow, green, blue, and purple.**
- 3. Add a few drops of food coloring to each bag. You can adjust the amount of food coloring depending on how deep or vibrant you want the colors to be.**
- 4. Add a small amount of rubbing alcohol or vinegar to each bag. This will help distribute the food coloring evenly and help the rice dry faster.**
- 5. Seal the bags and shake them vigorously to distribute the food coloring and rubbing alcohol or vinegar.**
- 6. Spread the rice out on a baking sheet or tray to dry. Make sure the rice is spread out in a thin layer so it dries evenly. It may take a few hours for the rice to dry completely.**
- 7. Once the rice is dry, you can mix the colors together to create a rainbow effect. Store the rice in an airtight container or bag until you're ready to use it.**

That's it! With these simple steps, you can make your own rainbow rice for hours of sensory play and creative fun.